

Your Prescription Strength:

-  Easy Trails
-  Easier Trails
-  Easiest Trails

PISMO BEACH TRAILS:

Leashed dogs are allowed on all Pismo Beach trails, mutt mitts are available. *Pismo Beach Community Development Department (805) 773-4658*

 **Indio Drive and Sunset Palisades Ocean Viewpoints**
 ¾ mile on-street trail located at the intersection of Indio & El Portal. Hwy 101 exit north and south at Spyglass Drive.

 **South Palisades Park Trail**
 ¼ mile, ocean viewing concrete and dirt trail located from Silver Shoals to the end of Sea Ridge Ct. Hwy 101 exit north and south at Spyglass Drive.

 **Beach Access, Ocean Bluff-top Trail, Cliffs Hotel, Dolphin Bay Resort and Spyglass Inn**
 ¾ mile concrete and decomposed granite trail located at 2757, 2727 and 2705 Shell Beach Road. Hwy 101 exit north and south at Spyglass Drive.

 **Spyglass Beach Park Trail and Beach Access**
 1/8 mile extremely difficult dirt trail at Spyglass Park Hwy 101 exit north and south at Spyglass Drive.

 **Ocean Blvd/Eldwayen Ocean Park Walks and Beach Access Stairways**
 ¼ mile, dirt trail on Ocean Blvd. at Eldwayen Ocean Park. Hwy 101 north exit Mattie Road, south exit Price Street.

 **Ocean Blvd. Ocean Viewing Walk along Margo Dodd Park, Gazebo and Pier Ave.**
 ½ mile, dirt trail located on Ocean Blvd. and Margo Dodd Park. Hwy 101 north exit Mattie Road, south exit Price Street.

 **Ocean View Dinosaur Caves Trails**
 ½ mile, concrete & decomposed granite trail at the end of Cliff Avenue. Multiple trails through these 11 acres. Hwy 101 north exit Mattie Road, south exit Price Street.

 **Shelter Cove Hotel Open Space and Beach Access**
 ½ mile, concrete walkway located at 2651 Price Street. Hwy 101 north exit Mattie Road, south exit Price Street.

 **Shorecliff Hotel Open Space and Beach Access**
 ¼ mile, concrete walkway located at 2555 Price Street. Hwy 101 north exit Mattie Road, south exit Price Street.

 **Cottage Inn, Pismo Lighthouse Suites and Seacrest Hotel Ocean Bluff-top Trail**

1/2 mile, concrete and decomposed granite trail located at 2241, 2351 and 2411 Price Street. Beach access from the Seacrest Hotel Hwy 101 north exit Mattie Road, south exit Price Street.

 **Wilmar, Main and Wadsworth Street Beach Access Stairway and Beach Walk**
 ½ mile moderately difficult, sand trail located at the end of Wilmar, Main and Wadsworth Streets.

 **Pismo Beach Pier, Promenade and Pismo Creek**
 ½ mile, wood and concrete located at the end of Main to the end of Addie Street along the ocean, then east along Pismo Creek. Hwy 101 north exit Wadsworth or Price and south exit Hwy 1.

 **Promenade 3**
 1½ miles concrete, wood and sand trail located from Addie Street in Pismo Beach to the end of Grand Avenue in Grover Beach. Hwy 101 north exit Wadsworth or Price and south exit Hwy 1.

 **Chumash Park**
 ½ mile, dirt trail located at Chumash Park. From Hwy 101 exit Fourth Street from north and south.

 **Price Historic Park Trail**
 1 mile moderately difficult trail located in a 4-acre historical park. Located at Frady Lane, off Hwy 1. Access available by

document/private tour. Contact the City of Pismo Beach.

GROVER BEACH TRAILS:

 **Beach Boardwalk**
 This 2-mile round-trip walk starts at the boardwalk at Grand Avenue day use plaza. It offers views of the dunes, riparian woodland and ocean next to Pismo State Beach Golf Course. At the city limit it links to a path that meanders through Pismo State Beach's butterfly grove and ends at the Pismo Beach Pier. The path is ADA accessible; no dogs, bikes or horses allowed. *Grover Beach Parks and Recreation (805) 473-4580*

 **Meadow Creek Trail**
 An informal 1 mile round-trip hiking trail links the end of Nacimiento Ave. to 4th Street. The trail covers scenic oak woodlands and open space. It runs adjacent to riparian areas of Meadow Creek. Pedestrians and leashed dogs are allowed, no bikes. *Grover Beach Parks and Recreation (805) 473-4580*

OCEANO TRAILS:

 **Pismo State Beach Lagoon Trail**
 This 1 mile round-trip dirt trail goes around the Oceano Campground and lagoon and is located at 555 Pier Avenue. It offers great bird watching and a native plant garden. *California State Parks (805) 473-7220*

 **Pismo State Beach from Grand Avenue south to Oceano Dunes SVRA**

Enjoy a 1 mile round-trip dune stroll starting at Grand Avenue day use plaza and walking south to Oceano Dunes SVRA. Surface is sand and dirt.
California State Parks (805) 473-7220

 **Oceano Dunes SVRA Oso Flaco Boardwalk**

This 2-mile round-trip dirt trail turns to boardwalk over the wetlands offering excellent wildlife viewing and continues on to the beach. The entire trail route is wheelchair accessible. Located at the west end of Oso Flaco Road 3 miles off of HWY 1. Fee to park.
California State Parks (805) 473-7220

ARROYO GRANDE TRAILS:

 **Health Fitness Park**

375 yard walking path with stationary exercise equipment. Located behind Arroyo Grande Hospital on Fair Oaks Ave.
Arroyo Grande Parks, Recreation and Facilities Department (805) 473-5474

 **Los Robles Public Trail**

.83 mile decomposed granite walkway with some flat and some hills. Located along Rancho Parkway between James Way and Camino Mercado.
Arroyo Grande Parks, Recreation and Facilities Department (805) 473-5474

 **James Way Oak and Wildlife Preserve**

1.3 miles of walking paths and trails with some flat and some hills. Located on James Way between Rancho Parkway and Meadow Way.
Arroyo Grande Parks, Recreation and Facilities Department (805) 473-5474

 **Las Jollas Public Trail**

½ mile decomposed granite walkway with some flat and some hills. Located on James Way between Rancho Parkway and Equestrian Way.
Arroyo Grande Parks, Recreation and Facilities Department (805) 473-5474

 *Take one trail prescription a day and refill as needed!*